

REFORMERS & REHAB TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9am to 10am (Alice)	6am to 7am (Karalee)	9am to 10am (Emma)	6am to 7am (Emma)	9:15am to 10:15am (Alison)	6:45am to 7:45am (alternating)
10am to 11am (Alice)	8am to 9am (Karalee)	10am to 11am (Emma)	7am to 8am (Emma)	10:15am to 11:15am (Alison)	7:45am to 8:45am (alternating)
11am to 12pm (Alice)	Mums & Bubs 9.15-10.15 (Yvette)			11:15am to 12:15pm (Alison)	8:45am to 9:45am (alternating)
	Mums & Bubs 10.15-11.15 (Yvette)		9:15am to 10:15am (Ash)		
	Power Balance 11am to 12pm (Alison)		10.15am to 11.15am (Ash)		
4pm to 5pm (Karalee)	3:30pm to 4:30pm (Kausy)	4pm to 5pm (Emma)	Power Balance 11am to 12pm (Emma)	Power Balance 2pm to 3pm (Emma)	
5pm to 6pm (Karalee)	4:30pm to 5:30pm (Kausy)	5pm to 6pm (Emma)	4:30pm to 5:30pm (Alice)		
6pm to 7pm (Karalee)	5:30pm to 6:30pm (Kausy)	6pm to 7pm (Emma)	5.30pm to 6:30pm (Alice)		

Please call our reception team on 08 9791 1305 for class enquiries or bookings