

# REFORMERS & REHAB EXERCISE CLASS



## TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					7:45am to 8:45am (Alice)
9am to 10am (Alice)		9am to 10am (Leah)	9:15 to 10:15 (Ashlee)	9:15am to 10:15am (Megan)	8:45am to 9:45am (Alice)
10am to 11am (Alice)		10am to 11am (Leah)		10:15am to 11:15am (Megan)	
	3:30pm to 4:30pm (Megan)			2:00pm to 3:00pm (Megan)	
4:00pm to 5:00pm (Dave)	4:30pm to 5:30pm (Megan)	4:00pm to 5:00pm (Dave)	4:30pm to 5:30pm (Alice)		
5:00pm to 6:00pm (Dave)	5:30pm to 6:30pm (Megan)	5:00pm to 6:00pm (Dave)	5.30pm to 6:30pm (Alice)		
6:00pm to 7:00pm (Dave)		6:00pm to 7:00pm (Dave)			